



**NNAB**

**The Norfolk and Norwich Assoc for the Blind**

**YoungEyes@NNAB – Winter 2018**

Happy New Year Everyone. Here are some dates for your diary – join us if you can, all events take place in The Bradbury Activity Centre.

**Wednesday February 14<sup>th</sup> – Activity Day**



10.30am Coffee Time

11am - Bryony from Slanteddance will lead a Fun Exercise Session suitable for all ages - Cheerleading moves complete with Pompoms.

12pm Sandwich, crisps and cake lunch

**1pm -3pm – Digital Music Workshop**

NNAB and Virtual School Sensory Support together with Laboratory Media Education are running a series of workshops on music technology and composition for visually impaired children and young people over 6 years old plus siblings. Places are limited for the workshop so if you are interested contact Dorothy at NNAB or John at VSSS to book a place.

**Easter Holiday Disco with Dynamo Roadshow**

**Saturday April 7<sup>th</sup> 2 pm onwards**

In the Bradbury Activity Centre, join in the fun and enjoy Hot Cross Buns and chocolate to celebrate the Easter Holidays!



**Family Voice Annual Conference Saturday 10<sup>th</sup> March 2018**

**John Innes Centre, Norwich, NR4 7UH YoungEyes will be there.**

**Keynote speech: Children and Young People's Mental Health and Emotional Wellbeing: A Vision for Norfolk and Waveney**

**See Family Voice website for details.**

**VICTA** – (support organisation for families of vision-impaired children). A reminder that the VICTA website has lots of information for families including details of two Family Weekends, one in Spring at Norwich Lakes Activity Centre(4 to 7 May 2018) and one in Summer in Shropshire (10 to 13 August 2018). Both for children aged 5+ plus immediate family. For more information call on: 01908 240831 email [activities@victa.org.uk](mailto:activities@victa.org.uk) [victa.org.uk](http://victa.org.uk)

Our **Christmas Party with Gingerbread Theme** was enjoyed by all



Santa came in style to the party in Rob's huge truck with an escort of Harley Davidsons and The Phoenix Pipes and Drums Band!

This year's party is on Saturday December 8<sup>th</sup> 2018... don't forget to put it in your diary now!



For all vision-impaired little ones under 5, Rainbow Sparks is a fun place to be! With Musical Keys, the Sensory Tent and the Rainbow Sensory Room, there's lots to do and always coffee and cakes!

**2018 dates** – January 25<sup>th</sup>, February 22<sup>nd</sup>, March 22<sup>nd</sup>, April 26<sup>th</sup>, May 24<sup>th</sup>, June 21<sup>st</sup>, August 23<sup>rd</sup>, September 27<sup>th</sup>, October 25<sup>th</sup>, November 22<sup>nd</sup>

For all our YoungEyes news [www.nnab.org.uk](http://www.nnab.org.uk) [Children and Families Page](#)  
For further details please contact;

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